

Extra COVID SNAP benefits will end for all households beginning in **March 2023***



During COVID, Massachusetts households received an extra SNAP payment every month. These extra payments are separate from your regular SNAP benefit.



Due to a decision by Congress, the last COVID SNAP payment will be on March 2, 2023

If you are age 60+ or disabled, telling DTA about healthcare costs may help you get more SNAP

Your regular SNAP benefit amount is based on your income and living expenses. Telling DTA about at least \$35/month in unreimbursed healthcare costs **may lead to a boost in your SNAP benefits.**



If you have more than \$190/month in health care costs DTA will need proof of all expenses.

How to Tell DTA About Healthcare Costs:



Write down on a piece of paper anytime or on application/recertification - send in through DTACConnect.com or fax/mail/in-person



Use DTA's form:
[Mass.gov/doc/medical-expense-form](https://www.mass.gov/doc/medical-expense-form)



Over the phone by calling the Senior Assistance Line at (833) 712-8027

Examples of Healthcare Costs Include:

- Prescriptions, over-the-counter healthcare items, vitamins, wound care, etc.
- Insurance premiums & co-payments
- Eyeglasses, contacts, hearing aids, medical equipment
- Acupuncture or alternative medicine
- Transportation costs to appointments
- One-time medical bills

* **Possible Good News:** In January 2023, Governor Maura Healey sent a budget request to the Massachusetts Legislature to continue state-funded partial extra SNAP for three months.

For more information, visit [Mass.gov/ExtraCOVIDSNAP](https://www.mass.gov/ExtraCOVIDSNAP)

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